

# HEAVY VEHICLE DRIVERS WANTED



**We are currently seeking individuals with a heavy vehicle truck license to take part in a research study at Monash University**

## **What will the project involve?**

- **Two visits to a specialised sleep facility which will include:**
  - **A 7 or 11 hour simulated rest break**
  - **In-lab testing (5.5 hours)**
  - **On-road drive in a research vehicle (7.5 hours)**
- **Wearing a wrist activity monitor**
- **Filling in a daily sleep and work diary**
- **Completing a short test before, during and after a work shift**
- **Confidential drug testing**
- **Participants will be reimbursed up to \$1600 for their time**

If interested please contact the  
Monash University Sleep and  
Circadian Medicine Laboratory

**Phone: 0401 102 224**

**Email: [med-crc-drivealert@monash.edu](mailto:med-crc-drivealert@monash.edu)**

**Website: [www.drivealert.com.au/](http://www.drivealert.com.au/)**

**MUHREC Approval #: 2017- 8004**